

MARCH 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Chicken Parmesan, and Cheese tortellini with garlic Ciabatta Roll Hamburger Soup ♦ Teriyaki Pork & Rice Noodle Salad ● Ham, Turkey, or Egg Salad ■ Sandwich	2 Pizza Day – Cheese ■ or Pepperoni Pozole Soup (Mexican soup with Pork and Hominy) ♦ ● Teriyaki Pork & Rice Noodle Salad ● Ham, Turkey, or Egg Salad ■ Sandwich	3 Pork Souvlaki, Greek Potatoes, Pita and Tzatziki ● ♦ a la carte Corn Chowder Teriyaki Pork & Rice Noodle Salad ● Ham, Turkey, or Egg Salad ■ Sandwich
6 Grilled Chicken & Rice Burrito, Tortillas & Salsa Cream of Tomato Soup ■ ● Cobb Salad ● Ham, Roast Beef, or Tex Mex Wrap (contains bacon)	7 Ginger Beef, Vegetable Fried Rice & Vegetable Spring roll ♦ Cream of Broccoli Soup ■ Cobb Salad ● Ham, Roast Beef, or Tex Mex Wrap (contains bacon)	8 Crispy Chicken Sandwich Roasted Potato Wedges Castle Dipping Sauce ♦ Minestrone Soup ■ Cobb Salad ● Ham, Roast Beef or Tex Mex Wrap (contains bacon)	9 Pizza Day – Cheese ■ or Pepperoni Italian Wedding Soup Cobb Salad ● Ham, Roast Beef or Tex Mex Wrap (contains bacon)	10 Pulled Pork Pretzel Bun, Coleslaw, & Baked Waffle Fries ♦ a la carte Cream of Mushroom Soup ■ Cobb Salad ● Ham, Roast Beef or Tex Mex Wrap (contains
13 Baked Mac & Cheese, Creamy Broccoli Salad & Garlic Breadstick ■ Potato & Bacon Soup ● Crispy Chicken Salad with Salsa Ranch Minestrone Italian Sub, Turkey or Tuna & Pickle Sandwich	14 Crispy Chicken, Stir Fried Vegetables, Chow Mein Noodles & Teriyaki ♦ Roasted Sweet Potato Soup ● ■ Crispy Chicken Salad Salsa Ranch Italian Sub, Turkey or Tuna & Pickle Sandwich	15 Perogies/Bacon, Caramelized Onion & Sour Cream ♦ a la carte Roasted Cauliflower Soup ■ ● Crispy Chicken Salad Salsa Ranch Italian Sub, Turkey or Tuna & Pickle Sandwich	16 Pizza Day – Cheese ■ or Pepperoni Thai Coconut Chicken Soup ● ♦ Crispy Chicken Salad Salsa Ranch Italian Sub, Turkey or Tuna & Pickle Sandwich	17 Butter Chicken, Rice, Garlic Naan ● available Tomato, Coconut, Chickpea Curry Soup ■ ● ♦ Crispy Chicken Salad Salsa Ranch Italian Sub, Turkey or Tuna & Pickle Sandwich
20 Chicken Quesadilla, Mexican Rice/Salsa & Sour Cream Beef Taco Soup ♦ ● Italian Vegetable Salad with Crispy Panchetta ● Turkey, Roast Beef, or Roast Veg & Cream Cheese ■ Wrap	21 Baked pasta with Italian Meatballs and Garlic Toast ♦ a la carte Mulligatawny Soup Italian Vegetable Salad with Crispy Panchetta ● Turkey, Roast Beef, or Veg & Cream Cheese ■ Wrap	22 Honey BBQ Boneless Chicken Wings/Veggies & Ranch Dip ♦ a la carte Chicken Noodle Soup ♦ Italian Vegetable Salad with Crispy Panchetta ● Turkey, Roast Beef, or Roast Veg & Cream Cheese ■ Wrap	23 Pizza Day – Cheese ■ or Pepperoni Boston Clam Chowder Italian Vegetable Salad with Crispy Panchetta ● Turkey, Roast Beef, or Roast Veg & Cream Cheese ■ Wrap	24 Beef Tacos with Roasted Corn Salad, Salsa and Sour Cream Beef & Barley Soup ♦ Italian Vegetable Salad with Crispy Panchetta ● Turkey, Roast Beef or Roast Veg and Cream Cheese ■ Wrap
27 Spring Break No Classes	28 Spring Break No Classes	29 Spring Break No Classes	30 Spring Break No Classes	31 Spring Break No Classes

Gluten Free ● Dairy Free ♦
Vegetarian ■
Vegetarian Alternative ◆



PRE-ORDER PRICING | ALL ITEMS BELOW INCLUDE A DESSERT & DRINK

Single Sandwich	\$8.25	Soup & Side Salad	\$8.50
Single Sandwich w/Soup or Salad	\$8.75	Single Soup	\$6.50
Entrée Salad	\$8.75	1 Slice of Pizza	\$7.00
Daily Special	\$9.25	2 Slices of Pizza	\$8.75