

DECEMBER 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Pizza Day – Cheese ■ or Pepperoni Mulligatawny Soup Teriyaki Pork & Rice Noodle Salad ● ◆ Ham, Turkey, or Egg Salad ■ Sandwich	2 Philly Cheese Steak Sandwich with Cauliflower Bites and Cheese Sauce Community Garden – Stone Soup Teriyaki Pork & Rice Noodle Salad ● ◆ Ham, Turkey, or Egg Salad ■ Sandwich
5 Baked Mac & Cheese, Creamy Broccoli Salad & Garlic Breadstick ■ Wonton Soup ◆ Cobb Salad ● Ham, Roast Beef, Tex Mex Wrap (contains bacon)	6 Grilled Chicken & Rice Burrito, Tortillas & Salsa Cream of Broccoli Soup ■ Cobb Salad ● Ham, Roast Beef, or Tex Mex Wrap (contains bacon)	7 Baked pasta with Italian Meatballs and Garlic Toast ◆ (avail. a la carte) Avgolemono soup (Greek Chicken and Rice) ● ◆ Cobb Salad ● Ham, Roast Beef or Tex Mex Wrap (contains bacon)	8 Pizza Day – Cheese ■ or Pepperoni Hamburger Soup ◆ Cobb Salad ● Ham, Roast Beef or Tex Mex Wrap (contains bacon)	9 Pulled Pork Pretzel Bun, Coleslaw, & Baked Waffle Fries Cream of Mushroom Soup ■ Cobb Salad ● Ham, Roast Beef, or Tex Mex Wrap (contains bacon)
12 Stuffed Cannelloni Bolognese & Garlic Knot ◆ (avail. A la carte) Thai Coconut Chicken Soup ● ◆ Crispy Chicken Salad with Salsa Ranch Ham, Turkey, or Egg Salad ■ Sandwich	13 Crispy Chicken Sandwich Roasted Potato Wedges Castle Dipping Sauce ◆ Roasted Sweet Potato Soup ■ ● Crispy Chicken Salad with Salsa Ranch Ham, Turkey, or Egg Salad ■ Sandwich	14 Ginger Beef on Vegetable Fried Rice with Vegetable Spring Roll Roasted Cauliflower Soup ■ ● Crispy Chicken Salad with Salsa Ranch Ham, Turkey, or Egg Salad ■ Sandwich	15 Pizza Day – Cheese ■ or Pepperoni Tomato, Coconut, Chickpea Curry Soup ■ ● ◆ Crispy Chicken Salad with Salsa Ranch Ham, Turkey, or Egg Salad ■ Sandwich	16 Butter Chicken, Rice, Garlic Naan ● (avail. a la carte) Three Sisters Soup ■ Crispy Chicken Salad with Salsa Ranch Ham, Turkey, or Egg Salad ■ Sandwich
19 Chicken Quesadilla, Mexican Rice/Salsa & Sour Cream Beef Taco Soup ● ◆ Italian Vegetable Salad with Crispy Panchetta ● Turkey, Roast Beef, or Roast Veg & Cream Cheese ■ Sandwich	20 Perogies/Bacon, Caramelized Onion & Sour Cream ◆ (avail. a la carte) Tomato Soup ■ ● Italian Vegetable Salad with Crispy Panchetta ● Turkey, Roast Beef, or Roast Veg & Cream Cheese ■ Wrap	21 Honey BBQ Boneless Chicken Wings/Veggies & Ranch Dip Chicken Noodle Soup ◆ Italian Vegetable Salad with Crispy Panchetta ● Turkey, Roast Beef, or Roast Veg & Cream Cheese ■ Sandwich	22 Christmas Holidays No Classes	23 Christmas Holidays No Classes
26 Christmas Holidays No Classes	27 Christmas Holidays No Classes	28 Christmas Holidays No Classes	29 Christmas Holidays No Classes	30 Christmas Holidays No Classes

Gluten Free ● Dairy Free ◆
Vegetarian ■
Vegetarian Alternative ◆



PRE-ORDER PRICING | ALL ITEMS BELOW INCLUDE A DESSERT & DRINK

Single Sandwich	\$8.25	Soup & Side Salad	\$8.50
Single Sandwich w/Soup or Salad	\$8.75	Single Soup	\$6.50
Entrée Salad	\$8.75	1 Slice of Pizza	\$7.00
Daily Special	\$9.25	2 Slices of Pizza	\$8.75